

Emotionally Healthy Children and Young People
Programme:
Consultation Model

School identify a c/yp where there are increasing concerns about their mental wellbeing.

School complete relevant sections of *EHCYP Consultation Form* and complete the *Strengths and Difficulties Questionnaire*.

School liaise with parents/carers and relay their observations/concerns and describe EHCYP Consultation process using *EHCYP Consultation Parent/Carer Leaflet*.

Parent/Carer agrees to school discussing child anonymously in EHCYP Consultation session and completes *Strengths and Difficulties Questionnaire* and *EHCYP Consultation Form* including consent on page four.

School gives parent/carer details for *Out Of Hours Advice Line in case of increasing concern.

EHCYP Consultation Facilitator enters notes on medical record system and a copy of the notes is forward to school along with suggested resources.

School liaise with parent/carer regarding outcome and suggested strategies and sign-posting.

The consultation form and leaflet can be downloaded from:

<http://www.cwp.nhs.uk/services-and-locations/services/emotionally-healthy-schools/>

where school can also book a place on an EHCYP Consultation Session via Eventbrite.

In the event that you need to cancel your attendance, please do so via Eventbrite. Doing so allows others to book a space and also for the team to plan effectively.

*Out of Hours – Advice Line details

01244 397644

Monday – Friday: 5pm – 10pm

Saturday and Sunday: 12pm – 8pm