



## Simulation: Frequently asked questions

### What is simulation?

Simulation is an interactive way of learning that attempts to re-create real-life clinical situations in a safe environment which does not impact on patients.

### Why simulation?

Simulation has been shown to be effective in a number of areas including improving clinical skills and enhancing team-working, communication and leadership. In addition, participants will have improved confidence when facing challenging and unfamiliar clinical scenarios.

### What happens on a simulation course?

All courses contain a number of simulated clinical scenarios, involving actors and sometimes mannequins. Participants take part in the simulation whilst others observe via a live video-link, which is followed by a debrief.

### What is expected of me during the simulated scenario?

All participants will be expected to take part in at least one simulated scenario during the course. To benefit most from the course, you should engage in the scenario as you would in real clinical practice; you will not be expected to play a different role.

### Will I be filmed?

Yes, the use of video is an integral part of simulation so that all participants can share the learning from each simulated scenario. The footage will not usually be re-played so you will not be watching yourself on film; the footage is live-streamed to the debrief room. The footage is automatically erased after six weeks and is only visible to members of the simulation team. On occasion, the simulation team may ask for your specific consent to use the footage for educational research purposes.

### What is expected of me during the debrief?

The debrief is a facilitated group discussion involving participants and observers. This is where most of the shared learning takes place. Every member of the group will be encouraged to contribute and bring their unique clinical perspectives.

### What can you expect from the facilitators?

The facilitators will create a safe and non-judgmental learning environment. Our centre uses simulation as an opportunity for reflection and learning, it is not as an assessment of your performance.

